# Martin Murray's Academy

email: info@thinkfast.academy contact: 07592198756



# **ANTI-BULLYING POLICY**

#### **Reviewed Feb 2025**

This policy is based on DfE guidance *Preventing and Tackling Bullying* and supporting documents. It also considers the DfE statutory guidance *Keeping Children Safe in Education* and *Sexual violence and sexual harassment between children in schools and colleges* guidance.

#### 1) Policy objectives

The Think F.A.S.T Academy is committed to developing an anti-bullying culture where the bullying of adults, children or young people is not tolerated in any form.

This policy outlines what The Think F.A.S.T Academy will do to prevent and tackle all forms of bullying.

# 2) Links with other school policies and practices

This policy links with several school policies, including:

- Promoting Positive Behaviour policy
- Complaints policy
- Safeguarding policy
- Curriculum policy
- Social media policy

#### 3) Links to legislation

There are several pieces of legislation which set out measures and actions for schools in response to bullying, as well as criminal and civil law. These may include (but are not limited to):

- The Education and Inspection Act 2006, 2011
- The Equality Act 2010
- The Children Act 1989
- The Education (Independent School Standards) Regulations 2014 (if appropriate)
- Protection from Harassment Act 1997
- The Malicious Communications Act 1988
- Public Order Act 1986

# 4) Responsibilities

It is the responsibility of:

- All Think F.A.S.T Staff members
- Parents/carers to support their children and work in partnership with the school.
- Pupils to abide by the policy.

#### 5) Definition of bullying

Bullying can be defined as "behaviour by an individual or a group, repeated over time that intentionally hurts another individual either physically or emotionally" (DfE *Preventing and Tackling Bullying*, July 2017).

- Bullying behaviour can include name calling, taunting, mocking, making offensive comments; kicking; hitting; taking belongings; producing offensive graffiti; gossiping; excluding people from groups and spreading hurtful and untruthful rumours.
- This includes the same unacceptable behaviours expressed online, sometimes called online or cyberbullying. This can include: sending offensive, upsetting and inappropriate messages by phone, text, instant messenger, through gaming, websites, social media sites and apps, and sending offensive or degrading photos or videos.
- Bullying is recognised by the school as being a form of peer on peer abuse. It can be emotionally abusive and can cause severe and adverse effects on children's emotional development.

# 6) Forms and types of bullying covered by this policy

Bullying can happen to anyone. This policy covers all types and forms of bullying including:

- Bullying related to physical appearance
- Bullying of young carers, children in care or otherwise related to home circumstances
- Bullying related to physical/mental health conditions
- Physical bullying o Emotional bullying o Sexual bullying
- Bullying via technology, known as online or cyberbullying
- Prejudicial bullying (against people/pupils with protected characteristics):
- Bullying related to race, religion, faith and belief and for those without faith
- Bullying related to ethnicity, nationality or culture
- Bullying related to Special Educational Needs or Disability (SEND)
- Bullying related to sexual orientation (homophobic/biphobic bullying)
- Gender based bullying, including transphobic bullying
- Bullying against teenage parents (pregnancy and maternity under the Equality Act

#### 7) Think F.A.S.T ethos

Think F.A.S.T Academy community recognises that all forms of bullying, especially if left unaddressed, can have a devastating effect on individuals; it can create a barrier to learning and have serious consequences for mental wellbeing.

By effectively preventing and tackling bullying our school can help to create a safe and disciplined environment, where pupils are able to learn and fulfil their potential.

#### **Our Community:**

- Monitors and reviews our anti-bullying policy and practice on a regular basis.
- Supports staff to promote positive relationships to help prevent bullying.

- Recognises that some members of our community may be more vulnerable to bullying and its impact
  than others; this may include children with SEND. Being aware of this will help us to develop effective
  strategies to prevent bullying from happening and provide appropriate support, if required.
- Will intervene by identifying and tackling bullying behaviour appropriately and promptly.
- Ensures our pupils are aware that bullying concerns will be dealt with sensitively and effectively; that everyone should feel safe to learn and abide by the anti- bullying policy.
- Requires all members of the community to work with the school to uphold the anti-bullying policy.
- Recognises the potential impact of bullying on the wider family of those affected so will work in partnership with parents/carers regarding all reported bullying concerns and will seek to keep them informed at all stages.
- Will deal promptly with grievances regarding the school response to bullying in line with our complaints policy
- Seeks to learn from good anti-bullying practice elsewhere.
- Utilises support from the Local Authority and other relevant organisations when appropriate.

#### 8) Responding to bullying

The following steps may be taken when dealing with all incidents of bullying reported to the school:

- If bullying is suspected or reported, the incident will be dealt with immediately by the member of staff who has been approached or witnessed the concern.
- The school will provide appropriate support for the person being bullied making sure they are not at risk of immediate harm and will involve them in any decision- making, as appropriate.
- A member of staff will interview all parties involved.
- The DSL at the school will be informed of all bullying issues where there are safeguarding concerns.
- The Academy will ensure parents/carers are kept informed about the concern and action taken, as appropriate and in line with child protection and confidentially policies.
- Sanctions and support will be implemented in consultation with all parties concerned.
- If necessary, other agencies may be consulted or involved, such as the police, if a criminal offence has been committed, or other local services including early help or children's social care, if a child is felt to be at risk of significant harm.
- Where the bullying of or by pupils takes place off site or outside of normal academy hours (including cyberbullying), the academy will ensure that the concern is fully investigated. If required, a member of the Think F.A.S.T Team will collaborate with other schools.
- Appropriate action will be taken, including providing support and implementing sanctions.
- A clear and precise account of bullying incidents will be recorded by the academy in accordance with existing procedures. This will include recording appropriate details regarding decisions and action taken.

#### Cyberbullying

When responding to cyberbullying concerns, the school will:

- Act as soon as an incident has been reported or identified.
- Provide appropriate support for the person who has been cyberbullied and work with the person who has carried out the bullying to ensure that it does not happen again.
- Encourage the person being bullied to keep any evidence (screenshots) of the bullying activity to assist any investigation.

- Take all available steps where possible to identify the person responsible.
- Work with the individuals and online service providers to prevent the incident from spreading and assist in removing offensive or upsetting material from circulation.
- Ensure that sanctions are applied to the person responsible for the cyberbullying.
- Inform the police if a criminal offence has been committed.
- Provide information to staff and pupils regarding steps they can take to protect themselves online.

## **Supporting pupils**

#### Pupils who have been bullied will be supported by:

- Reassuring the pupil and providing continuous support.
- Offering an immediate opportunity to discuss the experience or a member of staff of their choice.
- Being advised to keep a record of the bullying as evidence and discuss how respond to concerns and build resilience as appropriate.
- Working towards restoring self-esteem and confidence.
- Providing ongoing support; this may include: working and speaking with staff, offering formal counselling, engaging with parents and carers.
- Where necessary, working with the wider community and local/national organisations to provide further or specialist advice and guidance; this could include support through other agencies.

# Pupils who have perpetrated bullying will be helped by:

- Discussing what happened, establishing the concern and the need to change.
- Informing parents/carers to help change the attitude and behaviour of the child.
- Providing appropriate education and support regarding their behaviour or actions.
- If online, requesting that content be removed and reporting accounts/content to service provider.
- Sanctioning, which may include official warnings and/por removal from the programme.
- Where necessary, working with the wider community and local/national organisations to provide further
  or specialist advice and guidance; this may include involvement from the Police or referrals to specialist
  agencies.

#### **Supporting adults**

Our academy takes measures to prevent and tackle bullying among pupils; however, it is equally important to recognise that bullying of adults, including staff and parents, whether by pupils, parents or other staff members, is unacceptable.

## Adults who have been bullied or affected will be supported by:

- Offering an immediate opportunity to discuss the concern with the designated safeguarding lead.
- Advising them to keep a record of the bullying as evidence and discuss how to respond to concerns and build resilience, as appropriate.
- Reporting offensive or upsetting content and/or accounts to the service provider, where the bullying has occurred online.
- Reassuring and offering appropriate support.
- Working with the wider community and local/national organisations to provide further or specialist advice and guidance.

# Adults who have perpetrated the bullying will be helped by:

- Discussing what happened with a senior member of staff
- Establishing whether a legitimate grievance or concern has been raised and signposting to official complaints procedures.
- If online, request that content be removed.
- Instigating disciplinary, civil or legal action as appropriate or required.

Note: Specific guidance is available for leaders regarding dealing with complaints made on social networking sites: www.kelsi.org.uk/child-protection-and-safeguarding/e-safety

#### 9) Preventing bullying

#### **Environment**

The academy will:

- Create and support an inclusive environment which promotes a culture of mutual respect, consideration and care for others, which will be upheld by all.
- Recognise that bullying can be perpetrated or experienced by any member of the community, including adults and children (peer on peer abuse).
- Recognises the potential for children with SEN and disabilities to be disproportionally impacted by bullying and will implement additional pastoral support as required.
- Openly discuss differences between people that could motivate bullying, such as: children with different
  family situations, such as looked after children or those with caring responsibilities, religion, ethnicity,
  disability, gender, sexuality or appearance related difference.
- Challenge practice and language (including 'banter') which does not uphold the school values of tolerance, non-discrimination and respect towards others.
- Be encouraged to use technology, especially mobile phones and social media, positively and responsibly.
- Work with staff, the wider community and outside agencies to prevent and tackle concerns including all forms of prejudice-driven bullying.
- Actively create "safe spaces" for vulnerable children and young people.
- Celebrate success and achievements to promote and build a positive ethos.

#### **Policy and Support**

The academy will:

- Provide a range of approaches for pupils, staff and parents/carers to access support and report concerns.
- Regularly update and evaluate our practice to consider the developments of technology and provide upto-date advice and education to all members of the community regarding positive online behaviour.
- Take appropriate, proportionate and reasonable action, in line with existing policies, for any bullying bought to the academys' attention, which involves or effects pupils
- Implement appropriate disciplinary sanctions; the consequences of bullying will reflect the seriousness of the incident, so that others see that bullying is unacceptable.
- Use a variety of techniques to resolve the issues between those who bully, and those who have been bullied.

#### **Education and Training**

The academy will:

- Train all staff to identify all forms of bullying and take appropriate action, following the school's policy and procedures, including recording and reporting incidents.
- Consider a range of opportunities and approaches for addressing bullying throughout the curriculum and other activities, such as: through displays, assemblies, peer support, the school/student council, etc.
- Collaborate with other local educational settings as appropriate, and during key times of the year, for example during transition.
- Ensure anti-bullying has a high profile throughout the year, reinforced through key opportunities such as anti-bullying week
- Provide systematic opportunities to develop pupils' social and emotional skills, including building their resilience and self-esteem.

## 10) Involvement of pupils

We will:

- Ensure that they understand the academy's approach and are clear about the part they play in preventing bullying.
- Regularly discuss the young people's views on the extent and nature of bullying.
- Ensure that all pupils know how to express worries and anxieties about bullying.
- Ensure that all pupils are aware of the range of sanctions which may be applied against those engaging in bullying.
- Offer support to pupils who have been bullied and to those who are bullying to address the problems they have.

#### 11) Involvement and liaison with parents and carers

We will:

- Make sure that key information about bullying (including policies and named points of contact) is available to parents/carers
- Ensure all parents/carers know who to contact if they are worried about bullying and where to access independent advice.

#### 12) Monitoring and review: putting policy into practice

- The academy will ensure that they regularly monitor and evaluate mechanisms to ensure that the policy is being consistently applied.
- Any issues identified will be incorporated into future action planning.
- The school will be informed of bullying concerns, as appropriate.

# 13) Useful links and supporting organisations

Anti-Bullying Alliance: www.anti-bullyingalliance.org.uk

Childline: www.childline.org.uk
Family Lives: www.familylives.org.uk
Kidscape: www.kidscape.org.uk
MindEd: www.minded.org.uk
NSPCC: www.nspcc.org.uk

The BIG Award: <u>www.bullyinginterventiongroup.co.uk</u>

PSHE Association: www.pshe-association.org.uk

The Diana Award: <a href="www.diana-award.org.uk">www.diana-award.org.uk</a>
Victim Support: <a href="www.victimsupport.org.uk">www.victimsupport.org.uk</a>
Young Minds: <a href="www.youngminds.org.uk">www.youngminds.org.uk</a>
Young Carers: <a href="www.youngcarers.net">www.youngcarers.net</a>

The Restorative Justice Council: <a href="www.restorativejustice.org.uk/restorative-practice-schools">www.restorativejustice.org.uk/restorative-practice-schools</a>

#### **SEND**

Changing Faces: www.changingfaces.org.uk

Mencap: www.mencap.org.uk

Anti-Bullying Alliance Cyberbullying and children and young people with SEN and disabilities:

www.cafamily.org.uk/media/750755/cyberbullying and send - module final.pdf

DfE SEND code of practice: www.gov.uk/government/publications/send-code-of-practice-0-to-25

#### Cyberbullying

Childnet: www.childnet.com

Internet Watch Foundation: <a href="www.iwf.org.uk">www.iwf.org.uk</a>
Think U Know: <a href="www.thinkuknow.co.uk">www.thinkuknow.co.uk</a>

UK Safer Internet Centre: <a href="www.saferinternet.org.uk">www.saferinternet.org.uk</a> The UK Council for Child Internet Safety (UKCCIS)

www.gov.uk/government/groups/uk-council-for-child-internet-safety-ukccis

DfE 'Cyberbullying: advice for principals and school staff': www.gov.uk/government/publications/preventing-and-

tackling-bullying

DfE 'Advice for parents and carers on cyberbullying': www.gov.uk/government/publications/preventing-and-

tackling-bullying

# Race, religion and nationality

Anne Frank Trust: www.annefrank.org.uk

Kick it Out: <a href="www.kickitout.org">www.kickitout.org</a>
Report it: <a href="www.report-it.org.uk">www.report-it.org.uk</a>
Stop Hate: <a href="www.stophateuk.org">www.stophateuk.org</a>
Tell Mama: <a href="www.tellmamauk.org">www.tellmamauk.org</a>

Educate against Hate: <a href="www.educateagainsthate.com">www.educateagainsthate.com</a>
Show Racism the Red Card: <a href="www.srtrc.org/educational">www.srtrc.org/educational</a>

#### **LGBT**

Barnardo's LGBT Hub: www.barnardos.org.uk/what we do/our work/lgbtq.htm

Metro Charity: www.metrocentreonline.org

EACH: www.eachaction.org.uk

Proud Trust: <a href="www.theproudtrust.org">www.theproudtrust.org</a>
Schools Out: <a href="www.schools-out.org.uk">www.schools-out.org.uk</a>
Stonewall: <a href="www.stonewall.org.uk">www.stonewall.org.uk</a>

#### Sexual harassment and sexual bullying

Ending Violence Against Women and Girls (EVAW) <u>www.endviolenceagainstwomen.org.uk</u>

A Guide for Schools:

www.endviolenceagainstwomen.org.uk/data/files/resources/71/EVAW-Coalition-Schools-Guide.pdf

Disrespect No Body: <a href="https://www.gov.uk/government/publications/disrespect-nobody-campaign-posters">www.gov.uk/government/publications/disrespect-nobody-campaign-posters</a>
Anti-bullying Alliance: Preventing and responding to Sexual Bullying:
<a href="https://www.anti-bullyingalliance.org.uk/tools-information/all-about-bullying">www.anti-bullyingalliance.org.uk/tools-information/all-about-bullying</a>

